

School District of the City of Erie
Standing Order for Medication at School
2025-2026

The School Physician will serve as a health consultant and will provide written standing orders for general and emergency care. In the event that a child needs a non-prescription medication for conditions at school, the school nurse or designee may dispense any of the following OTC medications under the guidelines of the school physician's standing orders.

Acetaminophen 325 mg (*Acetaminophen will only be given in middle and high schools to students in grades 6-12 with signed parental permission.*)

NOT TO BE GIVEN FOR FEVER. Give for headache, menstrual cramps minor discomfort.

Students with fever over 100 must go home from school.

- 60-100 lbs. 1 tab by mouth every 4 hours as needed (Not to exceed 2 doses during the school day)
- Over 100 lbs. 1 or 2 tabs by mouth every 4 hours as needed (Not to exceed 2 doses during the school day)

Ibuprofen 200 mg (*Ibuprofen will only be given in middle and high schools to students in grades 6-12 with signed parental permission.*)

NOT TO BE GIVEN FOR FEVER. Give for headache, menstrual cramps minor discomfort.

Students with fever over 100 must go home from school.

- 40- 80 lbs. 1 tab by mouth every 6 hours as needed. (Not to exceed 2 doses during the school day)
- 80 lbs. and over 1 or 2 tabs by mouth every 6 hours as needed. (Not to exceed 2 doses during the school day)

***Elementary students who require Acetaminophen / Ibuprofen will require an individual order from their private health care provider.*

FOR ITCHY, WATERY, RED, IRRITATED EYES THAT MAY BE ALLERGIC CONJUNCTIVITIS:

1. **Lubricating eye drops/Ophthalmic Solution**- 1 or 2 drops in affected eye(s) as needed.
2. **Allergy eye drops-Visine A.C. Eye Relief** – 1 or 2 drops in affected eye(s) up to twice a day while in school or students aged 6 and older.

Tums (Calcium Carbonate) 1000 mg

- 1 or 2 tablets by mouth for upset stomach or mild indigestion for middle and high school students only.

Triple antibiotic/Bacitracin ointment- Apply to minor cuts, scrapes, and abrasions as needed.

Oral Pain Relief- Apply orally to affected area no more than twice during the school day.

Anti-fungal cream-Apply to suspected areas of athlete's foot or ringworm once during the school day and cover area.

Muscle Rub Cream- Apply to affected area no more than twice during the school day.

First Aid Cream- Apply to minor burns no more than twice during the school day.

Hydrocortisone- Apply topically to affected area(s) no more than twice daily as needed. For itching associated with minor skin irritants and rashes due to eczema, insect bites, poison ivy, poison oak, poison sumac, soaps, detergents, cosmetics, jewelry, dermatitis, psoriasis, and scrapes.

Peroxide- First aid antiseptic, apply as needed during the school day to the affected area(s).

Cough Drops- 1-2 tabs for temporary cough relief due to minor throat or bronchial irritation as may occur with a cold or inhaled irritants. May report every 2 hours as needed.

Carmex/Vaseline- Apply topically to lips as needed for relief of dry lips.

Sting Relief Swabs- Apply to affected sting site.

Ammonia Inhalant/Towelette-respiratory stimulant is used to treat and prevent dizziness, lightheadedness, and fainting. Apply towelette or inhalant under the patient's nostrils to inhale.

Calamine Lotion- Apply topically to affected area(s) of suspected poison ivy, oak, or sumac no more than twice during the school day.

Epi-Pen 0.15mg/0.3ml (Pediatric Dose 33-66lbs)- Inject in middle of outer thigh PRN for S/S of anaphylactic reaction. Call 911.

Epi-Pen 0.3mg/0.3ml (Adult Dose >66lbs)- Inject in middle of outer thigh PRN for S/S of anaphylactic reaction. Call 911.

NARCAN 4mg/0.1ml intranasal spray- Administer a single spray of NARCAN Nasal Spray to adults or pediatric patients intranasally into one nostril. Administer additional doses of NARCAN Nasal Spray, using a new nasal spray with each dose, if the patient does not respond or responds and then relapses into respiratory depression, additional doses of NARCAN Nasal Spray may be given every 2 to 3 minutes until emergency medical assistance arrives.

BLOOD GLUCOSE MONITORING via a glucometer a blood glucose screening may be performed when a student presents with symptoms of hyper or hypoglycemia. The student's parents should be contacted to receive a verbal authorization except in an emergency and/or parent is unable to be reached. Glucose monitoring may be used to determine immediate first aid needs. Glucose ranges vary based on prior food consumption.

Normal values can range from 80-130mg/dl. May treat hypoglycemia (under 70) with a 15g snack or 15 gm glucose tabs. Recheck blood sugar 15 min after snack/glucose tabs, and if student remains symptomatic or glucose reading remains under 70, repeat 15g snack until symptoms resolve and blood sugar value over 70. Values over 250mg/dl, contact parent and refer to physician as indicated.

Matthew Iselbacher MD

Physician Signature

8/13/25

Date